

# Glycerin Montavit

## Suppositories

### Dear Patient,

Please read this leaflet carefully because it contains important information that you should bear in mind when using this product. If you have any questions, please ask your doctor or pharmacist.

### When are Glycerin Montavit suppositories to be used

Glycerin Montavit suppositories are a gentle remedy for constipation; they make it easier to pass stools if you are bedridden and soften the stools if you have painful anal complaints, e.g. haemorrhoids and painful tears in the anal lining (anal fissures). Glycerin Montavit suppositories help bowel evacuation in several ways: the evacuation reflex (defecation reflex) is triggered through contact with the rectal lining. Glycerin has stool-softening effects and provides a certain lubricant effect, thereby making it easier to pass stools. Onset of action is within one hour. The suppository shape is largely maintained, as it does not melt and the amount of fluid in the rectum is too low to dissolve the glycerin suppository. This property results in elimination of the suppository in almost unchanged form during a bowel movement.

### When must you not use Glycerin Montavit suppositories

Glycerin Montavit suppositories must not be used in cases of hypersensitivity to glycerin or any of the other ingredients.

### Take special care when using Glycerin Montavit suppositories

If you have non-specific symptoms affecting the stomach or abdomen or inflammatory bowel disease, consult a doctor before using Glycerin Montavit suppositories. If there is no improvement despite using Glycerin Montavit suppositories, medical advice is required.

### May Glycerin Montavit suppositories be used during pregnancy and breast-feeding

This product can be used during pregnancy and breast-feeding.

### How to use Glycerin Montavit suppositories

Insert the suppository into the anus.

Infants and young children: One 1 g suppository, as needed.

Children and adults: One 2 g suppository, as needed.

Adults in persistent cases: One 3 g suppository, as needed.

### What are the possible side effects of Glycerin Montavit suppositories

If applied correctly, side effects are rare and unlikely. Occasionally, an uncomfortable feeling in the anus or a burning sensation in the rectum may occur.

### What Glycerin Montavit suppositories contain

One 1 g suppository contains 0.8 g anhydrous glycerin

One 2 g suppository contains 1.6 g anhydrous glycerin

One 3 g suppository contains 2.4 g anhydrous glycerin

Other ingredients: stearic acid, sodium hydroxide, water.

### Other points to consider

The expiry date is printed on the carton and strip. Do not use this pack after this date.

### What packs are available

Packs of 10 suppositories, strengths of 1 g, 2 g or 3 g.

For further information, please contact your doctor or pharmacist.

Keep out of the reach and sight of children. Store in a dry place.

Date of information: June 2014



### Manufacturer

Pharmazeutische Fabrik Montavit Ges.m.b.H,  
Salzbergstrasse 96, A-6067 Absam



Keep out of reach and sight of children



Consult instructions for use



Montavit