Tavipec capsules
Active substance: spike oil

Read all of this leaflet carefully before you start taking this medicine because it contains important information for you.
Always take this medicine exactly as described in this leaflet or as your doctor or pharmacist has told you.
- Keep this leaflet. You may need to read it again.
- Ask your pharmacist if you need more information or advice.
- If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. See section 4.
- You must talk to a doctor if you do not feel better or if you feel worse after 7 days.

What is in this leaflet
1. What Tavipec is and what it is used for
2. What you need to know before you take Tavipec
3. How to take Tavipec - capsules
4. Possible side effects
5. How to store Tavipec
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1. What Tavipec is and what it is used for

Tavipec is a traditional herbal medicine used to support specific measures in sinusitis (inflamed sinuses) or coughs associated with the common cold.

Tavipec - capsules are used in adults and adolescents aged 12 years and older.
You must talk to a doctor if you do not feel better or if you feel worse after 7 days.

2. What you need to know before you take Tavipec

Do not take Tavipec
if you are allergic to spike oil or any of the other ingredients of this medicine (listed in section 6).

Warnings and precautions
Talk to your doctor or pharmacist before taking Tavipec.

Children:
Use cannot be recommended in children under 12 years of age due to the lack of sufficient data.

Other medicines and Tavipec
Tell your doctor or pharmacist if you are taking, have recently taken or might take any other medicines.

No interaction studies have been performed.

Pregnancy and breast-feeding
If you are pregnant or breast-feeding, think you may be pregnant or are planning to have a baby, ask your doctor or pharmacist for advice before taking this medicine.
Use cannot be recommended during pregnancy and breastfeeding due to the lack of sufficient data.

**Driving and using machines**
No studies on the effects on the ability to drive or use machines have been performed.

*Tavipec - capsules* contain sunset yellow FCF (E110), which may cause allergic reactions.

3. **How to take Tavipec - capsules**

Always take this medicine exactly as described in this leaflet or as your doctor or pharmacist has told you. Check with your doctor or pharmacist if you are not sure.

The recommended dose is:
*Adults and adolescents aged 12 years and older*: 2 capsules three times daily.

*Children*:  
As no adequate data are available, its use cannot be recommended in children under 12 years of age.

**Method of administration**:  
Oral use. Swallow whole with sufficient liquid ½ hours before meals.

**Duration of use**:  
You must talk to a doctor if you do not feel better or if you feel worse after 7 days.

If you take more Tavipec than you should  
No cases of overdose have been reported.

If you forget to take Tavipec  
Do not take a double dose to make up for a forgotten dose.

If you have any further questions on the use of this medicine, ask your doctor or pharmacist.

4. **Possible Side Effects**

Like all medicines, this medicine can cause side effects, although not everybody gets them.

The following frequency data are used for the evaluation of undesirable effects:

- **Uncommon**: belching and mild nausea may occur.
- **Very rare**: hypersensitivity reactions of the skin have been observed.

**Reporting of side effects**

If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the national reporting system:

Bundesamt für Sicherheit im Gesundheitswesen  
Inst. Pharmakovigilanz  
Traisengasse 5  
AT-1200 WIEN
By reporting side effects you can help provide more information on the safety of this medicine.

5. **How to store Tavipec**

Store in the original package in order to protect from light.
Do not store above 30°C.

Keep this medicine out of the sight and reach of children.

Do not use this medicine after the expiry date, which is stated on the carton after <<EXP:>>. The expiry date refers to the last day of that month.

Do not throw away any medicines via wastewater or household waste. Ask your pharmacist how to throw away medicines you no longer use. These measures will help protect the environment.

6. **Contents of the pack and other information**

**What Tavipec contains**
- The active substance is spike oil (*Spicae aetheroleum*)
- The other ingredients are:
  - **Capsule shell**: gelatin, glycerol 85%, quinoline yellow (E104), sunset yellow FCF (E110)
  - **Capsule coating**: methacrylic acid-ethylacrylate copolymer, sodium lauryl sulphate, propylene glycol, polysorbate 80, glycerol monostearate.

**What Tavipec looks like and contents of the pack**
30 and 60 gastro-resistant capsules, soft, oval, yellow, in a folding box

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For any further information about this medicine, please contact the local representative of the Marketing Authorisation Holder.

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